



# Red Knights

Mass Chapter 2 — March 2010

<http://www.rk-mass2.org>

*Loyal to Our Duty*

From the  
President's Desk

We're all at the cusp of a new riding season. Are you chomping at the bit to get back on your bike and enjoy some riding time? I know that I am! Some of you may have already had the chance to get out but I imagine there are a good many of us that are looking at the bike still parked and we are like the kids in the Disney commercial with marked anticipation, "I'M SO EXCITED!"

I recently read an article that talked about "Seasonal Affective Disorder" or SAD. We hear about that often, usually November through February, when we do not get a lot of sunshine (Lack of vitamin D). SAD, also known as winter depression is a mood disorder in which people who have normal mental health throughout most of the year experience depressive symptoms in the winter. Symptoms of SAD may consist of: difficulty waking up in the morning, a lack of energy, difficulty concentrating on completing tasks, and withdrawal from friends, family, and social activities. All of this leads to the depression, pessimism, and lack of pleasure which characterize a person suffering from this disorder. Hmm, that also sounds like PMS or rather "Parked Motorcycle Syndrome."

So for your mental health, and the mental health of all those family, friends, and co-workers that you come in contact with, I am prescribing some quality time on your bike! So get out and get your "fix" of Vitamin D with some wind and sun in your face.

What are your riding plans for 2010? Do you have some special rides on your agenda for the year? Take a look at the enclosed schedule that we have come up with for the chapter. It would be great if we saw everyone throughout the year. Whether it is a short ice cream ride, or one of our longer rides or weekend events, come out and join us for some Red Knight fun. If you hear of other rides, or even if you have free time and just want to meet up with others, let us know what is going on and we can spread the word.

As you uncover the bike and put in its freshly charged battery, don't forget to take time to check over your ride AND your riding skills. In a recent article in Wing World the author spoke about three thoughts for preparation. **(1) Are You ready?** That means mentally and physically. Not only do our physical muscles get flabby during down time, but our mental muscles become lax too. Read, keep on top of the "industry" to see what is going on in the motorcycle world and in motorcycle safety to keep your mind sharp. What about your skills and reaction times? I bet they are a bit "flabby" too. Take the time to practice when you first roll out on the bike. Stopping and swerving practice in a parking lot is a good start. What about anMSF course? **(2) Is your Gear ready?** Check over all your riding equipment to make sure it is ready to go and has not become a winter home to some poor little fuzzy critter. Helmet life is estimated to be four to five years. Is it time to consider updating your helmet (or some other component of your gear)? **(3) Is your Bike ready?** Your bike needs that TLC before it is asked to hit the road. Take the time to inspect and clean your ride. What is the condition (and inflation) of your tires? What do the brake pads look like? What other routine maintenance should happen with your ride to start the season off on the right foot with a well prepared bike? We have a lot of fun miles ahead but it take spreparation and that preparation is an individual responsibility as well as a group responsibility!

The preparation you take today will pay off on your worry free miles tomorrow! See you on the road soon. Ride Safe.

**2010** What's planned for 2010 — and will you be there? (I think I counted at least 46 chapter opportunities to gather together). Check out the schedule (enclosed), post it on your refrigerator, mark up your calendar, and put up the "gone riding" sign at work and come join us for many fun miles!



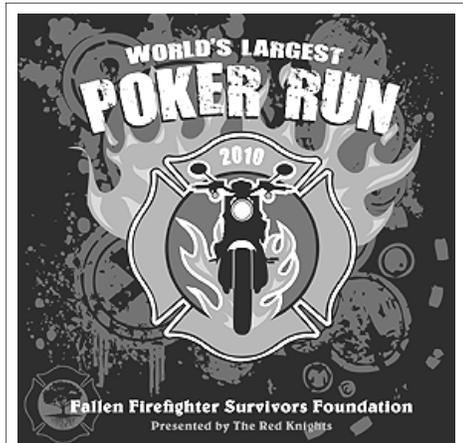
Saturday, April 10.

**To Boston for a visit to the North End and Mother Anna's (& more).**

We'll pick up the train at 9:25 a.m. in Leominster and provide "on the rail" entertainment inbound to Boston.

Enjoy the tastes of our favorite Italian restaurant... and dessert at *Mike's Pastries!* Plus we'll have a walking tour to take us around and see what kind of fun we can find!

Call Bob L. by Monday, April 5 if you plan to go so we can give John a heads-up at Mother Anna's and look for you at the train stops.



Join us on the "World's Largest Poker Run" on May 1st and support the Fallen Firefighters Survivors Fund.

Membership news...

On the road with our friends...

A quote to contemplate for the new decade:

"I may not have gone where I intended to go, but I think I have ended up where I intended to be."

(Douglas Adams)

Join us on that journey and who knows where it will take us this year!

- We had a dozen members kick off the new decade at our January breakfast club with an enjoyable time at the Firehouse Pub (yes, for breakfast) in Ashburnham. We were teased that day with sunshine and temperatures in the 40's (before the snows of winter returned)!
- A crowd of 27 were on hand at Marcia and Maury's in January to take a look at our 2010 schedule, enjoy wonderful food, and have a fantastic afternoon with great friends!

Congratulations to Ed Brouillet on his welcoming the New Year in with his retirement from the Westminster FD. I think Ed will be seen more often with that big motorcycle smile on his face!

Don't forget that our **Breakfast Clubs** still have a few "gatherings"!

**Every third Saturday** from October through April we gather for breakfast and fellowship. Meet at the Westminster FD for 8:00 a.m. and we will discover a different breakfast haunt for the month.

**March is actually the 2nd Saturday (March 13),** and the final spring breakfast is April 17

**Starting in May, join us for some Ice Cream**

**Each 1st Thursday** of May through October meet up at the Westminster FD ready to leave at **6:30 pm** and we'll try a different ice cream place each month.

Thursdays: May 6, June 3, July 1, August 5, September 2, and October 7

Part of the secret of life is to eat what you like and let the food fight it out inside!

Mark Twain

Saturday, May 22.  
**Spring Business Meeting**  
with an educationally fun component.

Meet up at the Westminster FD at 9:00 a.m. We'll head off for a ride to our meeting spot where we will conduct some business, review some information that will help us each be better riders, have some lunch, and practice some of our skills.

Saturday, May 15  
**MASS State Meeting**

Hosted by Mass-15, at the Boston Firefighters' Florian Hall

Contact a chapter officer if you would like to attend with them.

**2010 RKMC Convention**

Hosted by the New York Association  
August 18th - 22nd at Niagara Falls



The Niagara Falls/Buffalo area of NY State is well known for all its attractions along with their numerous areas for scenic rides.

The Holiday Inn Grand Island Resort & Convention Center at 100 Whitehaven Rd, Grand Island, <http://www.myholidayinn.com/>, will host the convention. It is Buffalo's only Island Resort, located on the upper banks of the Niagara River and is centrally located 15 minutes from downtown Buffalo, Niagara Falls and Ontario Canada. This 6 story hotel has newly renovated rooms and is located next to the marina. Across from the hotel is a beautiful golf course.

Early registration on or before March 15, 2010 at \$65.00 per person will enter you in the drawing for a three free night hotel stay at the convention. One entry per paid person.

Registration Includes; Goody Bag, Convention Pin, Thursday BBQ, Convention Journal, Hospitality Room, Thursday or Friday Day cruise of the Niagara River, Bike Show, Saturday Evening Dinner & dancing, and Sunday's Farewell breakfast and possibly more!

Whether you are taking the trip to Niagara or not, consider supporting those who have been working hard to plan this year's convention with an ad in the Convention Program.

The New York Association has not yet made the details and information available on the program ads for the convention. When this information is released we will share it with all of you.



David O'Dess, Task Force Leader for the New England Ride for Kids was on hand at our Winter Potluck to present the chapter with a citation from the Pediatric Brain Tumor Foundation of the U.S. Mass-2 was one of the top five fundraising clubs for the 2009 New England Ride for Kids.

Are any of your travels this summer taking you into the northland of Canada? If so remember to get a passport to get back in to the U.S. and also get a Canadian insurance card from your Insurance Company for your vehicle.

*It does not appear in our ride schedule as an event, but Judy Perla had such a great time sea kayaking that we wanted to share the information with everyone in case others are interested as well!*

### Essex River Basin Adventures

www.erba.com 978-768-ERBA

Essex River Basin Adventures is an experienced sea kayak outfitter providing a variety of guided tours for all levels of ability. We explore the protected waters of the Essex River Basin and coastal North Shore. The tranquil basin offers great diversity with miles of estuaries, inland islands, wildlife, beaches and dunes. Enjoy a swim or discover an osprey, heron or egret in it's natural habitat.

Kayaks are stable and responsive, and are steered by a foot-controlled rudder system. Our guides are knowledgeable, courteous, and skilled on the water. They strive to ensure that you have the best time exploring with us.

### Fallen Firefighters Survivors' Foundation 2010 "WORLD'S LARGEST POKER RUN" Saturday, May 1, 2010

Red Knights from around Massachusetts will be participating in chapter rides that all end at the RKMC Memorial in Boylston.

Come ride with Mass-2 for our part of the "World's Largest Poker Run" and be part of the Guinness Book of World Records and raise money for the Fallen Firefighters Survivors' Foundation.

**Mass-2 ride leaves Westminster FD at  
10:00 a.m. on Saturday, May 1.**

*There will be a donation "fee" for the ride to accompany our donation to the Survivor's Fund.*

The Foundation is raising money through promoting this poker run with Red Knight participants throughout the country.

www.ffsfusa.org/events.htm

**HAVE YOU GOTTEN YOUR LUCKY TICKET FOR THE  
RED KNIGHTS' \$10,000 VACATION PRIZE YET??**



## Join your Red Knight friends and family for a Spring Weekend May 7-9, 2010

This year's RKMC Spring Weekend will be touring the Berkshires (and beyond) with the Yankee Inn in Lenox as our host hotel.

There are many options to ride, shop, and other activities including the Norman Rockwell Museum in nearby Stockbridge, and the New York State Firemen's Museum in Hudson, NY.



Make your reservations today at the Yankee Inn by calling 800-835-2364 and tell them that you are with the Red Knights.

Special group rate  
of \$89 per night (plus tax)  
Limited rooms at the group rate so call soon.



Amenities include indoor pool & spa,  
exercise room, cocktail lounge,  
and guest Internet station

The RKMC International is running a vacation give-away worth up to \$10,000 and a vacation ANYWHERE! Tickets are limited to the first 1,000 sold and are ONLY \$20!

Contact International Treasurer Kent Armstrong for tickets and information



Looking ahead to September, we have a chapter "Poker Ride" scheduled. One of the stops is at "Sherry's House" in Worcester. Why Me and Sherry's House are Worcester Based non-profit organizations created to help Central New England families cope with childhood cancer.

There are always "needs" in the house to support their programs. Those needs are listed on their web page "wish list" of material goods—but those needs include our time as well. We will be stopping to share both our time, a chapter donation, and some care packages that members are encouraged to bring with them on the ride.

Visit [www.whyme.org](http://www.whyme.org) for more information on Sherry's House and the "Why Me" program.

**C**ongratulations to this year's recipients of our **Motorcycle Safety Training Scholarships** through the Central Mass Safety Council.

We had more applications than we have had before! Each year our pool of applicants gets larger and the committee's work gets harder. But because of the committee's work and the generosity of our members we were able to help more riders than we originally had planned.

Receiving a full scholarship for the Beginner Rider's Course are: Sam Stacy (Wayne and Linda's nephew), and Katie Marjomaa (Marcia's daughter). Receiving a "half scholarship" for the BRC are Mary Barclay and David Craven (Mark Dembek's son-in-law). The ERC recipient is Bob Feeley.

Thank you to our committee members (both near and far) for their efforts and to all those who applied for the scholarships this year. And thank you as well to the Central Mass Safety Council for their continued support of our scholarship program.

Are you planning on going to Americade in June? Then JOIN US AT TIM & DARLENE'S in Athol for an **AMERICADE Planning Pot Luck**. Give Tim a call at 978-249-2983 to let him know if you are coming — or if you need directions. Saturday, March 6 – 1:00 p.m. at 56 Adams Drive in Athol.

## Americade...

"Here in the Adirondack Mountains, we enjoy the rapidly changing weather conditions which the mountainous area provides. It adds spice to life! However, it's unusual to have an entire Ameri-week without the least little rain. Whether it's younger tourers or grizzled old Americade "vets," more and more folks are *"looking for adventure, whatever comes our way."* We [at Americade] are here to help you do that, so for 2010 you'll see even more new things to do here with your Americade friends!"

Bill Dutcher, Americade Founder  
Americade Times Magazine

You do not have to do much searching to realize what a great time everyone has in Lake George during Americade. And you do not have to look far to find Red Knights in that mix! Flipping through the fall Americade Times you find picture after picture of smiling Red Knights along with the thousands of other smiling faces.

You cannot deny that it is one great week... with many great friends!

## See you in Lake George!

*The Red Knights Ladies will be meeting at Peg's house on **Wednesday, May 26** at 6:00 to plan for our week's supplies and related logistical needs.*

*...since the ladies will be out of the house, the guys will meet at WFD and fend for ourselves at some local eating establishment (with a ride of course!)*

There are varying departure times and staying times throughout the week. The largest group is leaving on Sunday, June 6.

**If you are planning on attending, please let Peg know so she can fine-tune the accommodations. Space is always limited and we don't want to have challenges with last minute lodging surprises!**

The Red Knights are hosting the Wednesday evening three-course Dinner, the Red Knights open house Thursday evening — and as always we will be participating in the Parade on Saturday morning—so remember to bring your fire department helmet to wear in the parade!

Please think about door prizes to help the Red Knights International at the Wednesday evening dinner at Roaring Brook Ranch at Americade. We had over 100 door prizes to award dinner attendees again last year... and that has been far more than ANY of the corporate sponsors involved with Americade!

From the AMA: Got three minutes? —  
A quick check to insure your next motorcycle ride is a great one  
By Bill Andrews

"What a day for a ride," you think to yourself. What you should be thinking, though, is "Is my ride ready for the day?"

It's a valid question, no matter how often or infrequent you ride. Either on-the-road usage and vibration or in-the-garage inactivity can take their toll on your bike, potentially degrading safety, control, performance and comfort.

That's why the Motorcycle Safety Foundation recommends a short pre-ride check of your favorite two-wheeler before every ride. To help you remember what to check, the MSF came up with the acronym T-CLOCS, which stands for Tires, Controls, Lights, Oil, Chassis and Sidestand.

These are simple, easy-to-access items that anyone who rides should be able to identify and check. And despite the length of the MSF's list, you can probably check everything in about three minutes. Depending on what you find, that could be the best three minutes you spend all day.

**Tires and wheels.** Since these are where you and the road meet, they're probably the most important things to look over. A problem can affect handling—sometimes severely.

Are your rims free of dings? Are your spokes tight and straight? Check pressures in both tires. Since most manufacturers specify pressures for cold tires, this is the only accurate way to check them, as they heat up quickly on the road, raising the pressure. Consult your owner's manual or call your tire manufacturer's hotline for the proper pressures for your particular bike.

While you're down there checking the tires, make sure you've got plenty of tread. You should have more than 1/16 of an inch, about the distance between Lincoln's head and the top of a penny. Remove foreign objects that may have lodged in the treads, and make sure there aren't any cuts in the tire. A scuff is nothing to be worried about, but if it's a deep scratch, you might want to have it checked.

**Controls and cables.** A snapped throttle or clutch cable can leave you on the side of the road, so check 'em. Operate anything connected to a cable and make

sure that levers and cables feel smooth and don't bind. Apply the front brake and push the bike forward. The brake should feel firm, and the front wheel should not move. Check the rear brake in the same fashion.

**Lights.** Seeing and being seen are two great ways to avoid unwanted incidents on the road, so making sure your lights work is key.

Start by turning on your ignition. Are the headlight's high beam and low beam working? Does the taillight come on? Does the brake light come on when you depress the brake pedal and lever? Check left and right turn signals, front and rear. Remember that the cause of a malfunction here could be a relay or bulb.

Lastly, don't forget to check your horn.

**Oil and fuel.** Running out of gas is a bummer, but since many motorcycles don't have gas gauges, it's a very real possibility. Check the gas level in the tank, and be sure your fuel petcock isn't on "reserve," which could leave you with a nasty surprise if you roll to a stop thinking you've still got gas in reserve. And don't forget to reset the tripmeter every time you fill up.

Running out of gas can be inconvenient, but running out of oil can turn your bike into an inert display of public art. Even some new bikes can use enough oil to be down a quart between oil changes, so check it before every ride.

**Chassis.** Though an improperly adjusted suspension may not seem critical, imagine your surprise as your bike behaves differently in the middle of a curve because you forgot to reset it after picking up your friend last night.

Sit on the bike and rock it, making sure that everything moves smoothly and relatively slowly. If the front or rear end behaves like a pogo stick, a trip to your trusty mechanic should be in your immediate future.

**Sidestand and centerstand.** The sidestand is a handy little item—it's what

## Upcoming Rides & Events for '10

Check out your (enclosed) 2010 ride schedule for the rides, events, and gatherings, that are planned for the year... and come join us!

### REMEMBER!

Ice Cream is good for the soul... give yours a treat this summer and come out for our monthly ice cream rides!

#### Sunday, June 20. **Father's Day Ride and Picnic and golf —**

Come join us for a Father's Day Ride. Bring a picnic lunch, your mini-golf skills, and of course your appetite for ice cream! (Meet at WFD for 10:00)

#### Saturday, June 26. **RK Vermont-2's Paul's Ride.**

Let's support a nearby chapter's efforts to help those with cancer. Meet at WFD at 8:00 a.m.

#### Saturday, June 26. **Fitz's Ride for Alzheimer's.**

Ashby FD's annual charity ride & BBQ. Ride registration 9-11 at Ashby Elementary School.



Helping Jerry's Kids

#### Ware FD "Fill the Boot" Ride May 15 — Rain or Shine

Starting at the Polish Hall, 61 Joslyn Road — Hardwick, MA 01037

Registration: 08:00-10:00 AM Ride Starts: 11:00AM

[www.warefillthebootride.com](http://www.warefillthebootride.com)

keeps your motorcycle off the ground. Make sure it's not cracked or bent. Check the spring or springs. Are they in place, and do they have enough tension to keep the sidestand safely up?

Don't forget to look at the engine cut-out switch or pad, if so equipped.

If everything's in place and operating properly you're done, and you're good to go. Enjoy the day.

## A Snapshot of Chapter Expenses

Here is a simple breakdown of the income and expenses for the chapter and how your dues and our fundraising aid the chapter in accomplishing its financial goals.

For 2009 we had 64 members on the chapter roster. *[Our 2010 roster will have 63 members; 43 Active (8 of whom are Life Members), 17 Social (4 of whom are Life Members), 2 Associate, and 1 Special Honorary.]*

Most of the members had paid their 2009 dues prior to January 1, 2009 so their dues do not appear in the Treasurer's ledger for the 2009 report and statement.

Dues collected for the members on the 2009 roster totaled \$1,020. Of this amount \$685.00 was paid to the International for our required dues to that level of the organization. This leaves \$335.00 for other chapter expenses.

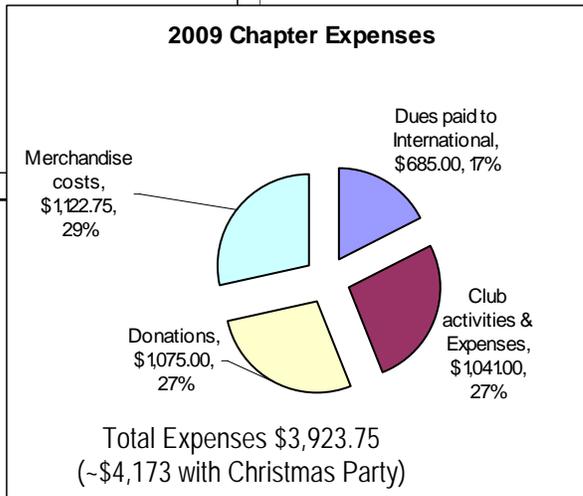
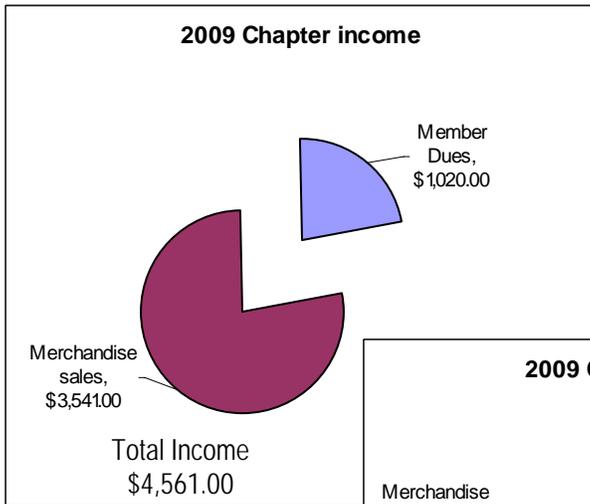
We have a minimum of four chapter mailings throughout the year. The mailings (printing, postage, envelopes, etc.) average \$50 to \$60 per mailing. (This figure is included in the "Club activities and expense" category in the expense chart). Not included in the \$1,041 figure was the money spent on this year's Christmas party. That was

approximately an additional \$250. (This is not included in the figures because the financial reports were prepared prior to the expenditure).

Other expenses included in the activities and expense category are the chapter sponsored activities like the Curling Day we had in 2009, door prizes given to members at celebrations, expenses related to the convention, etc.

Our chapter members are also very generous when it comes to donations and outside assistance. This is possible because of our success with our merchandise sales.

As you can see from our "IN" and "OUT" charts, when we include all the dues taken in for 2009 and our merchandise sales along with the additional expense paid out for the 2009 Christmas party, we have maintained a positive cash flow for the chapter in the amount of \$387.00.



Here is the contact information for the chapter officers. An updated membership list for 2010 is also included.

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**(President)**  
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TATWOOD000@aol.com

Larry Robinson  
**(Assistant Road Captain)**  
355 No. Main Street  
Petersham, MA 01366  
978-724-3321



Have you seen the Red Knights "Heaven Chapter" patches (right). Tim Kilhart has a few of them and if you would like one (or another one) give him a call.



Even without a chaperone in tow to keep track of us, we had eleven guys find their way in and out of Boston to attend the New England Motor-cycle Expo. We never even got lost and we were on our best behavior!

...and of course lunch was at Mother Anna's before the train back home!

# Fitchburg Longsjo CLASSIC BICYCLE RACE

We received the below letter asking for assistance with the 2010 Longsjo Classic bicycle race in Fitchburg. Ms. Bachrach spoke to Larry Robinson and I and said that they are in need of assistance on the Wachusett Mountain section of the race. The race is over July 4th weekend (we do have an event on July 3). If anyone is interested in participating, please contact Larry and he can coordinate with the organization for more information.

TO: Red Knights, MA 2  
c/o Larry Robinson

FROM: Deb Jones Bachrach  
Volunteer Coordinator, Fitchburg Longsjo Classic  
RE: Letter of Introduction  
16 January 2010

The 51st annual Fitchburg Longsjo Classic bicycle race will take place the coming July 2-5 at several venues in the Central Massachusetts area. Racing begins with a time trial on the first day in Westminster, a circuit race in Fitchburg then next, a mountain stage around Mount Wachusett on day 3, and concludes with a race through downtown Fitchburg on the last day.

Some of our race courses cover 'loops' that are in the range of 5-15 miles. The United States Cycling Federation has requested we implement the use of more motorcycles to lead the events during the pro races. This is especially important for the mountain stage.

We are submitting this letter of introduction to see if there is any interest within the Club to work with us on any aspects of this exciting event. Each year the Longsjo attracts more than 1,000 of North America's best cyclists. There are several European teams present, as well. All the world's greats, such as Lance Armstrong, Greg Lemond, John Allis, and John Howard have all raced Fitchburg.

I would be happy to meet with you to discuss more about the race. Additionally, both the Race Director (Ed Collier) and Director of Operations (Bill Chiarchiaro) would be happy to provide more details.

Deb's contact info:  
Home Phone: 978.724.0078  
Work Phone: 978.724.0275  
Email: bachrach2@verizon.net

In advance, thank you for your Consideration!

In 1960 the first Fitchburg Longsjo was held to remember the late Arthur M. Longsjo who died tragically in a car accident on his way home from Montreal in September of 1958.

As the city of Fitchburg honored the loss of its greatest athlete, a new tradition was born. Over the last 50 years, the Fitchburg Longsjo Classic has grown and developed into one of the most important landmarks in American cycling. Nearly every American racer who has found success in Europe has pedaled the streets of Fitchburg.

In 1954, his first full season of bicycle racing, Arthur Longsjo won his second Massachusetts state championship. He also finished fourth in the prestigious Tour of Somerville, fourth overall in the national championships, and won the longest one-day amateur race in the world, the 170-mile Quebec-to-Montreal race. In this final event, Longsjo broke the course record by seven minutes, in a group a full four minutes ahead of the main pack. For his victory, he was named Canadian cyclist of 1954 by the Association des Cyclists du Canada.

In 1956, Longsjo won nearly every bike race he entered. The Olympic cycling trials that year consisted of two 116-mile road races, three days apart. The top three finishers in the first race were selected, as were the top two in the second. Shortly after the start of the first race, Longsjo's rear tire burst. He was also having derailleur problems and was forced to pull out of the race. During the second, much more aggressive race, Longsjo got into a breakaway of 20 riders, competing for two positions on the Olympic team. Longsjo finished half a bike-length down on the winner, securing his place.

At the time, officials determined what events cyclists would compete in, regardless of what they had qualified for. Longsjo was assigned to the 4000-meter team pursuit, which was a disappointment, as he had qualified for the road race. The team had little time to train together prior to the event, and was unable to get past the preliminary heats. Nevertheless, Art Longsjo still had an amazing accomplishment. He was the first person ever to compete in both the Summer and Winter Olympics in the same year. It is this accomplishment for which he is most remembered.

After the Olympics, Longsjo continued to race, and to win every race he started. In July of that year he won his sixth straight Massachusetts state championship. In August, he forsake the national championships to ride in the Tour du St. Laurent stage race, a four-day event in eastern Canada . Stages were at least 100 miles in the morning and another 24 to 40 in the afternoon, and drew some of the best competition in North America . Longsjo won this race, becoming the first American rider to do so. He then attended the Quebec-to-Montreal race, where his earlier record still stood, and won it yet again.

Since its inception in 1960, the race has been renamed to the Fitchburg-Longsjo Classic. In the last decade, it has also been expanded to a four-day stage race, with one of the stages ending atop Longsjo's training destination of Wachusett Mountain. It has attracted innumerable international-caliber cyclists. Among some of the notables who have attended are Tour de France winners Greg LeMond and Lance Armstrong, Eric and Beth Heiden, Rebecca Twigg, Connie Carpenter and Davis Phinney, Kathy Watt, numerous Olympic teams, and many other world-class athletes. Terry Longsjo, Arthur's widow, still attends the race each year.

# It's time to RIDE!

Here are other rides if you are looking to fill your dance card with more events!

These are rides outside of the Red Knights in case you are looking for something more to do... and if you want to ride EVERY day then visit [www.motorcycleevents.com](http://www.motorcycleevents.com) or [www.coolbikerides.com](http://www.coolbikerides.com)



May 14th - 16th, 2010

3rd Annual MFD Motorcycle Weekend to benefit Breast and Ovarian Cancer Research

Check-in Thursday or Friday starting at noon, at respective Inn or Lodge, in Dover, Vermont

Friday Evening - Welcome Reception hosted by "The Silo Restaurant" starting at 6:00 pm, with entertainment.  
Saturday - breakfast at your Inn or Lodge

Gate City HOG will host a 145 mile Yahtzee Run through scenic Vermont, for those who have not pre-registered - day registrations will start at 8:30 am and closes at 10:30 am at "Mt. Snow".

Where May is Women's Riding Month - will participate again this year by having a Women's ride at 10:00 a.m., led by Road Captain Lisa Greenleaf. Of course, gentlemen are welcome to join in on this ride too.

Saturday night dinner, awards, and raffles hosted by "Mt. Snow Conference Center" cocktail hour starts at 6:00 pm, with dinner at 7:00 pm followed by entertainment from the Tom Dixon Band.

Sunday - breakfast and a nice ride home or scenic ride of your choice.

[www.mothersfordaughters.com](http://www.mothersfordaughters.com)



Canines for Combat Vet's  
Poker Run

August 1 — Registration opens  
at 8:30 at the Post 224  
American Legion in  
Easthampton

Sponsored by [coolbikerides.com](http://coolbikerides.com), Easthampton  
American Legion, & Springfield HOGs  
[www.neads.org](http://www.neads.org) — NEADS dogs for deaf and disabled vets.

The logo for MELHA RIDERS features the word "MELHA" in large, stylized letters at the top, with a motorcycle and a rider below it. The word "RIDERS" is written in large, bold letters below the motorcycle. The text "3rd Annual Hospital Run" and "Sunday August 16 2009" are prominently displayed in the center. Below this, the location and time are listed: "Line up at Westwood Restaurant, 94 North Elm St., Westfield, MA 01085 @ 10:00am". A small box contains the text "Shriners Help Kids Get Back on Their Feet Shriners Hospitals". At the bottom, it says "More Info @ [www.melhariders.com](http://www.melhariders.com)".

**MELHA**  
**RIDERS**  
3rd Annual  
**Hospital Run**  
**Sunday August 16 2009**  
Line up at Westwood Restaurant  
94 North Elm St.  
Westfield, MA 01085  
@ 10:00am  
**Shriners Help Kids Get  
Back on Their Feet  
Shriners Hospitals**  
More Info @ [www.melhariders.com](http://www.melhariders.com)

The logo for the 15th Annual Miracle Ride features a circular design with a wheel in the center. The text "MIRACLE RIDE" is written along the top arc of the wheel, and "MOTORCYCLISTS MAKING MIRACLES" is written along the bottom arc. In the center of the wheel, there is a small logo for Connecticut Children's Hospital.

**15th Annual Miracle Ride  
for Connecticut's  
Children's Hospital**  
Sunday, April 25—Ride to Children's  
Hospital before the final destination  
and lunch in Newington  
Visit the Miracle Ride web page to  
locate the closest "Satellite  
Registration Stop."  
[www.miracleride.com](http://www.miracleride.com)

**TOYS FOR TOTS MOTORCYCLE RUN**  
Sponsored by the Westfield River  
Marine Corps League

The Marine Corps League logo features an eagle with its wings spread, perched on a globe. The globe is surrounded by a laurel wreath.

Assemble at Alexander's Restaurant, North  
Westfield Street, Feeding Hills, Mass.  
Donation is 1 toy and \$15  
Stops include the VA Hospital in Leeds  
and the Holyoke Soldiers Home  
<http://www.mclwrv141.com/>